I HAVE ESSENTIAL TREMOR, ET

ET, Essential Tremor causes my hands, head, legs, and/or voice to shake. I may be unable to write legibly, speak distinctly, control my motions, or walk steadily. ET is a progressive neurological Disease. I may appear overly anxious or intoxicated when I am not. **I'm not nervous. I'm not afraid. I have ET.**

I HAVE ESSENTIAL TREMOR, ET

ET, Essential Tremor causes my hands, head, legs, and/or voice to shake. I may be unable to write legibly, speak distinctly, control my motions, or walk steadily. ET is a progressive neurological Disease. I may appear overly anxious or intoxicated when I am not. **I'm not nervous. I'm not afraid. I have ET.**

I HAVE ESSENTIAL TREMOR, ET

ET, Essential Tremor causes my hands, head, legs, and/or voice to shake. I may be unable to write legibly, speak distinctly, control my motions, or walk steadily. ET is a progressive neurological Disease. I may appear overly anxious or intoxicated when I am not. **I'm not nervous. I'm not afraid. I have ET.**

I HAVE ESSENTIAL TREMOR, ET

ET, Essential Tremor causes my hands, head, legs, and/or voice to shake. I may be unable to write legibly, speak distinctly, control my motions, or walk steadily. ET is a progressive neurological Disease. I may appear overly anxious or intoxicated when I am not. **I'm not nervous. I'm not afraid. I have ET.**

I HAVE ESSENTIAL TREMOR, ET

ET, Essential Tremor causes my hands, head, legs, and/or voice to shake. I may be unable to write legibly, speak distinctly, control my motions, or walk steadily. ET is a progressive neurological Disease. I may appear overly anxious or intoxicated when I am not. **I'm not nervous. I'm not afraid. I have ET.**

I HAVE ESSENTIAL TREMOR, ET

ET, Essential Tremor causes my hands, head, legs, and/or voice to shake. I may be unable to write legibly, speak distinctly, control my motions, or walk steadily. ET is a progressive neurological Disease. I may appear overly anxious or intoxicated when I am not. **I'm not nervous. I'm not afraid. I have ET.**